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Author:

Section 8 Showcase: “Develop Broad Shoulders”

Dr. Holben is a Registered Dietitian Nutritionist and holds the Certificate in School Nutrition (Level 4) from the School Nutrition Association. He is a former commissioned officer in the United States Army Medical Specialist Corps (Reserve Component, 65C IMA, MAJ). Dr. Holben completed his doctoral studies at The Ohio State University. Building upon a clinical nutrition and basic science background, his research focuses on food insecurity and food-based STEM education. Optimizing solutions for food and nutrition security to promote health and wellness among vulnerable groups is of particular interest.

What is one piece of advice you would like to share with current and future nutrition communicators?

Effective communication is built through practice and feedback from other communicators.

Connect with Dave:

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